

DISTANCE / LENGTH

1 mile	=	1.609 kilometers
1 kilometer	=	0.621 miles
1 foot	=	30.48 centimeters
1 inch	=	2.54 centimeters
1 meter	=	3.281 feet
1 yard	=	0.914 meters
1 nautical mile	=	1.852 kilometers

WEIGHT / MASS

1 kilogram	=	2.205 pounds
1 pound	=	0.454 kilograms
1 ounce	=	28.35 grams
1 stone	=	6.350 kilograms (14 pounds)
1 tonne	=	1,000 kilograms (2,205 lbs)

TEMPERATURE

°C ! °F	:	$(^{\circ}\text{C} \times 9/5) + 32$
°F ! °C	:	$(^{\circ}\text{F} - 32) \times 5/9$
°C ! K	:	$^{\circ}\text{C} + 273.15$
0 °C	=	32 °F (freezing)
100 °C	=	212 °F (boiling)
37 °C	=	98.6 °F (body temp)

VOLUME

1 liter	=	0.264 US gallons
1 US gallon	=	3.785 liters
1 UK gallon	=	4.546 liters
1 fluid ounce	=	29.57 mL
1 cup (US)	=	236.6 mL
1 pint (US)	=	473.2 mL

AREA

1 acre = 0.405 hectares (4,047 m²)

1 hectare = 2.471 acres (10,000 m²)

1 sq mile = 2.590 km² (640 acres)

1 sq ft = 0.093 square meters